	Monday	Tuesday	Wednesday		Thursday		Friday Saturd:	Announcements
1	830am Zumba	2 830am Forever Young	3 8:30 am Zumba	4	830am Dance Party	5		May 2023 Waretown Older Adult Calendar of Activities
	915am Toning	930am Jazzercise	l lam Sit n Be Fit		9:30am Jazzercise			Waretown Community Café - Congregate Meal Schedule
	llam Sit n Be Fit in Front Room	l lam Sit n Be Fit	12 Cards in front room		9:30am FOREVER YOUNG			Engel Sprague Senior Center - 239 11th St Waretown (GPS Barnegat)
	12 pm Congregate Meal	12 BINGO Pizza w/ SEAVIEW ORTHO					NO LINE DANCING	Contact person: Jeanne Broadbent 609-548-6319
	1230 Nutritionist Jennifer Collins (MOW)	12 Lunch provided by Fulfill	12pm Congregate Meal					email recreation@twpoceannj.gov
	\$2donation requested	12pm MahJong	1230 G.C. BINGO w/ BRIELLE ORTHOPEDICS		10am seminar - FRAUD PREVENTION by OCEAN TWP POLICE DETECTIVE BUREAU	1		Website: www.twpoceannj.gov Funded in part by a grant from the Ocean County J Board of Commissioners
	10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow	\$2donation requested		(light refresments will be served)		RSVP by 10am for MONDAYS	Board of Commissioners
	12:30pm LINE DANCING						Congregate meal	
	830am Zumba	9 830am Forever Young	10 8:30 am Zumba	11	830am Dance Party	12		Congregate Meals served every Monday & Wednesday
	915am Toning	930am Jazzercise	11am Sit n Be Fit		9:30am Jazzercise			Please arrive by 11:45pm
	11am Sit n Be Fit in Front Room	11am Sit n Be Fit	12 Cards in front room		9:30am FOREVER YOUNG		1000 1 1111 1 1 1 1 1 1 1 1 1 1 1 1 1 1	You must RSVP your intent to attend by 10am the day before
		12 BINGO & Pizza w Complete Care	12pm Congregate Meal				1230pm LINE DANCING with Theresa Brown	FRIDAY for Monday / TUESDAY for Wednesday
		w Complete Care	12pm Congregate Mear				with Theresa Brown	12pm Congregate Meals - Don't forget to RSVP by 10am on Friday's to attend
		12 Lunch provided by Fulfill	\$2donation requested					meals on Monday's - no same day drop ins accepted
	12 pm Congregate Meal	12pm MahJong	1230 G.C. BINGO SEACREST					\$2 Donation suggested.
		10am Must let Jeanne know if you want						RSVP by Email recreation@twpoceannj.gov
\square	1230 GC BINGO with Beacon of Life	a meal tomorrow					RSVP by 10am for MONDAYS	call Jeanne 609-548-6319
	12:30pm LINE DANCING						Congregate meal	
		830 am Forever Young						Fulfill of Monmouth Ocean Boxed Lunched served at 12pm
	830am Zumba	16 930am Jazzercise	17 8:30 am Zumba	18	830am Dance Party	19		You must RSVP your intent to attend by 10am on Monday
	915am Toning	11am Sit n Be Fit	llam Sit n Be Fit		9:30am Jazzercise			NO same day meal drop ins accepted
	11am Sit n Be Fit in Front Room	12pm MahJong	12 Cards in front room		9:30am FOREVER YOUNG			
	1030 Senior Advisory Meeting Speaker:	12 Lunch provided by Fulfill	12pm Congregate Meal w games				1230pm LINE DANCING with Theresa Brown	RSVP by Email recreation@twpoceannj.gov or call Jeanne 609-548-6319
	Linda Falb, Director of Senior							
	Services St. Francis Community Center	12pm Pizza & BINGO						
	Services St. Francis Community Center	w/ Barnegat Rehab	1230 GC BINGO with Executive Care		10am OTPD CARFIT program		RSVP by 10am for MONDAYS	
	12 pm Congregate Meal		\$2donation requested				Congregate meal	3rd Monday of each month Fulfill brings its' MOBILE FOOD PANTRY to the center 12-1pm
		10am Must let Jeanne know if you want						·
	FULFILL - MOBILE FOOD PANTRY 12-1PM	a meal tomorrow						
	12:30pm LINE DANCING							
22	830am Zumba	23 830 am Forever young	24 8:30 am Zumba	25		26		MAY'S SPEAKER'S
	915am Toning	930am Jazzercise	llam Sit n Be Fit		9:30am Jazzercise			1st Monday of each Month - Jennifer Collins, Nutritionist (MOW) 1230pm
	llam Sit n Be Fit in Front Room	11am Sit n Be Fit	12 Cards in front room				NO LINE DANCING	4th OTPD Detective Bureau - FRAUD PREVENTION 10am
	12 pm Congregate Meal	12pm Lunch provided by Fulfill	12pm Congregate Meal w games		All Theresa Brown's Classes are canceled for today			15th - Linda Falb St Francis Center 1030am
		12pm GC BINGO & LUNCH w/TALLWOODS	1230 GAMES		NO Dance Party - or Forever Young			
	\$2donation requested	12pm MahJong	\$2donation requested					
	10am Must let Jeanne know if you want a meal tomorrow	10am Must let Jeanne know if you want a meal tomorrow						
								SPENDING A SPRING DAY WITE SEACREST VILLAGE
								MAY 31 - RSVP REQUESTED SO THAT AN ACCURATE FOOD COUNT CAN BE ESTABLISHED
29		30 830 am Forever young	31 8:30 am Zumba					THE DAY'S ITINERARY:
			SPENDING A SPRING DAY WITH SEACREST					
		930am Jazzercise	SPENDING A SPRING DAY WITH SEACREST VILLAGE				TOWNSHIP OF OCEAN MUNICIPAL ALLIANCE	9 - LIGHT BREAKFAST
	TOWNSHIP CLOSED	11am Sit n Be Fit	9A LIGHT BREAKFAST				it doesn't get more local	930 LONELINESS TO LAUGHTER PRESENTATION
	MEMORIAL DAY	12pm Lunch provided by Fulfill	930 LONELINESS TO LAUGHTER				Alliance to Prevent Alcoholism and Drug Abuse	1030 HIDNEY CARE PRESENTATION
		12pm GC BINGO & LUNCH w/BEACON of LIFE	1030 KIDNEY CARE				Continued as a Community Funded in part by a grant from SCIDI.	1130 LUNCH SERVED
	NO CLASSES TODAY	12pm MahJong	1130 LUNCH PROVIDED					1230 INTERACTIVE GAME - THE PRICE IS RIGHT
		10am Must let Jeanne know if you want a meal tomorrow	1230 PLAY THE GAME SHOW THE PRICE IS RIC	200				
ш		a mear formation	1250 PLAT THE GAINE SHOW THE PRICE IS RIC	JΠT	l .			1